



# 16 WORLD CONGRESS ON MENOPAUSE

Midlife health in the 21<sup>st</sup> century

FAIRMONT HOTEL VANCOUVER, CANADA 6–9 JUNE 2018

[WWW.IMSVANCOUVER2018.COM](http://WWW.IMSVANCOUVER2018.COM)







Dear Friends

As Chair of the Scientific Program Committee, I would like to welcome you to the 16<sup>th</sup> World Congress on Menopause. We are planning an exciting, innovative and varied scientific program for you in Vancouver, entitled “Midlife health in the 21<sup>st</sup> century.”

The theme of the meeting will be the life course approach to women’s health from pre- to peri-, through to postmenopause. There will be a particular focus on the problems of the perimenopause and premature ovarian insufficiency.

The Pre-congress workshop will set the scene with plenty of opportunity for interactive discussion about practical management issues. These issues and more will be discussed in greater detail during the symposia, controversies, debate and meet the expert sessions. Plenary speakers have been selected who will deliver exciting key note lectures on the state of the art and future frontiers of menopause medicine. Young investigators and new research developments will be given prominence through inclusion of the top submitted abstracts in the main symposia. The global affiliated menopause societies will demonstrate how local advances in menopause medicine can be applied to solve world-wide problems.

We look forward to your active participation at this premier international forum of menopause science!

Nick Panay

*Chairman of the Scientific Program Committee  
for the 16<sup>th</sup> World Congress on Menopause*



Dear Colleagues and Friends,

It is my privilege and pleasure to welcome you to beautiful Vancouver, Canada, for the 16<sup>th</sup> World Congress on the Menopause, June 6-9th in 2018.

The IMS has been providing “state of the art” information on mature women’s health for over 40 years. 2018 will be no exception as the Scientific Programme Committee is preparing a very exciting and innovative programme themed “Midlife Health in the 21st Century”. There will be Plenary Sessions, Symposia, Debates and Meet the Expert Sessions, given by renowned world speakers. New research and clinical developments will be highlighted. Our Pre-Congress Workshop on Perimenopause will be productive and interactive. We shall also include in 2018, Meet the Professor Breakfast Round Tables. Our very successful Menopause Quiz will be held again for our younger colleagues.

SIGMA/CMS is thrilled to be hosting the IMS meeting in Vancouver – the first ever International Menopause meeting in Canada. We also welcome our US and Mexican colleagues to join us. The meeting facilitates education at all levels, knowledge translation and research.

Vancouver is one of the most beautiful cities in the world bordered by mountains and ocean. It is clean, green, safe, friendly and walkable. It is ranked in the top 5 livable cities in North America, one of the only cities in the world where you can ski, golf and sail, all in the same day.

The meeting will be held at the historic Vancouver Fairmont Hotel in the middle of the city. It is an ideal, scenic spot, near the ocean, where you can shop, sightsee, visit museums, enjoy fine dining and much more.

I can assure you of rewarding scientific exchanges and it will also be a great opportunity to socialize with colleagues and friends.

Elaine E. Jolly

*President of SIGMA/CMS  
Co Chair, Scientific Program Committee*

SIGMA Canadian Menopause Society is the proud local host of the 16th World Congress on Menopause June 2018 in Vancouver. It is the first time that this prestigious international event is being held in Canada and US. We would like to invite you all to come to Vancouver, Canada, one of the most beautiful cities in the world!



As the Chair of the Local Organizing Committee, I would like to add my personal congratulations to Professor Mary Ann Lumsden, President of the IMS and Chair of the International Organizing Committee, who has been recently awarded an OBE for services to Women's Health, by Her Majesty the Queen in the UK. To the members of the International Organizing Committee I deeply express my appreciation.

I also wish to thank the Scientific Program Committee for crafting such an excellent and innovative programs. Finally, I would like to thank members of the Local Organizing Committee (Canadian Colleagues and US Advisors) who graciously agreed to promote the 16th World Congress on Menopause in Vancouver and to act as ambassadors for the worldwide delegates.

**Chui Kin Yuen**

*Executive Director, SIGMA Canadian Menopause Society*

*Chair, Local Organizing Committee for the 16th World Congress on Menopause*



## SIGMA's educational initiatives in 6 years:

### 2 National Conferences

in Ottawa (May 2013) and Toronto (September 2015)

### 2 Regional Conferences

in Saskatoon (April 2016) and Quebec City (February 2017). Another 2 are scheduled in Edmonton (April 2017) and Halifax (September 2017)

### 5 Distinguished Lecture Series

from 2011 to 2017  
10 cities across Canada  
in the 2017 Distinguished Lecture Series

**One** of our young scholars competing with 15 other countries received the highest honour at the first "Menopause Quiz" held at the Prague Congress 2016

**We** have participated regularly symposia at the World Congress on Menopause in 2011, in 2014 and in 2016. We have been invited by NAMS to host the Canadian Leadership Symposium at their Annual Scientific Meetings from 2009 to 2015.

### 11 Patient/Physician Brochures

The most recent publication (March 2017) is on "Menopause Treatment Options, Making the Right Choice for YOU".

## Who is SIGMA?

SIGMA Canadian Menopause Society (SIGMA/CMS) is a multidisciplinary group of specialists, family physicians, and healthcare professionals who are interested in mature women's health launched in May 2008 in Madrid, Spain.

Our mission is to advance the health of women at and beyond the menopause transition through educational initiatives and knowledge transfer.

SIGMA is a member of the Council of Affiliated Menopause Societies (CAMS) of the IMS and joins the International Osteoporosis Foundation and European Menopause and Andropause Society as society members.





# The Scientific Program

## Tuesday, June 5th

13.00-18.00 Pre-congress Course "The Perimenopause: Challenges and Solutions"

HALLS: PACIFIC

SATURNA

VANCOUVER

WADDINGTON

BOARDROOM

CORTES ISLAND

THE ROOF

## Wednesday, June 6<sup>th</sup>

08.30-09.50

CAMS Assembly

10.00-10.30

Plenary Lecture

10.40-12.10

Symposium

Symposium

Symposium

Oral Com.

12.20-13.50

Lunch Symposium

13.50-14.20

Refreshments and visit to the Exhibition Area

14.20-15.50

Greenblatt Award Session

16.00-21.00

Opening Ceremony

Henry Burger Oration

IMS Bursary Award

Pieter van Keep Lecture

Welcome Reception

## Thursday, June 7<sup>th</sup>

07:30-08:30

CAMS

CAMS

CAMS

CAMS

MTE Breakfast ☕

08:45-09:15

Plenary Lecture

09:20-10:50

Symposium

Symposium

Symposium

Symposium

Oral Communication

10:50-11:20

Coffee break and visit to the Exhibition Area

11:20-12:20

Symposium

Symposium

Symposium

Debate

Oral Communication

12:30-14:00

Lunch Symposium

14:10-15:10

Controversy

Symposium

Meet The Expert

Meet The Expert

15:10-15:40

Refreshments and visit to the Exhibition Area

15:40-17:10

Symposium

Symposium

Symposium

Symposium

Oral Communication

17:15-17:45

Plenary Lecture

17:50-18:20

Plenary Lecture

18:20-20:00

Poster Session

## Friday, June 8<sup>th</sup>

07:30-08:30

CAMS

CAMS

CAMS

CAMS

MTE Breakfast ☕

08:45-09:15

Plenary Lecture

09:20-10:50

Symposium

Symposium

Symposium

Symposium

Oral Communication

10:50-11:20

Coffee break and visit to the Exhibition Area

11:20-12:20

Symposium

Symposium

Symposium

Symposium

Oral Communication

12:30-14:00

Lunch Symposium

14:10-15:10

Controversy

Symposium

Meet The Expert

Meet The Expert

15:10-15:40

Refreshments and visit to the Exhibition Area

15:40-17:10

Symposium

Symposium

Symposium

Symposium

Oral Communication

17:15-17:45

Plenary Lecture

17:50-18:20

Plenary Lecture

18:30-19:30

IMS ASSEMBLY

## Saturday, June 9<sup>th</sup>

07:30-08:30

CAMS

CAMS

CAMS

MTE Breakfast ☕

08:45-09:15

Plenary Lecture

09:20-10:50

Symposium

Symposium

Symposium

Oral Communication

10:50-11:10

Coffee break

11:10-12:10

Debate

Oral Communication

12:10-12:30

Plenary Lecture

12:30-12:50

Closing Ceremony

## Plenary Lectures

**Mary Ann Lumsden (UK)** Pieter van Keep Lecture

**Richard Anderson (UK)** Current status of ovarian stem cells

**Donald P. McDonnell (US)** Future targeted approaches to menopause management

**Richard Santen (US)** New concepts in breast endocrinology

**Scott Nelson (UK)** Advances in biomarkers in menopause prediction

**Doris Taylor (US)** How to prevent a broken heart?

**Robert Reid (CA)** Hormone therapy and breast cancer: Risk communication and the perfect storm

**Duru Shah (IN)** Women's rights in Asia: a fact or an illusion?

**Jacques Donnez (BE)** Advances in the management of fibroids in the perimenopause

**Konstantinos Tserotas (PA)** Menopause research in Latin America

## Symposia

- Perimenopause: The ABCs
- Advances in endometriosis and other menstrual disorders
- Reproductive depression
- Contraception for the older woman
- Sexuality—physical and emotional perspectives
- The Brain—new insights
- Premature ovarian insufficiency
- The breast in health and disease
- Preventive strategies for osteoporosis
- Life after cancer
- Breast screening: where are we now?
- Cardiovascular window of opportunity
- Future research directions
- Beyond estrogen—what are the options?
- Optimizing the pelvic floor
- Obesity: challenges and strategies
- Androgens: neglected female hormones?
- Breaking news!

The Scientific Program of the Congress will be based on the Mission Statement of the IMS: “to promote and advance communication, education and research on all aspects of the health of adult women world-wide”.

Key experts will update you on the latest scientific evidence that can be related to daily clinical practice and basic research.

**The most relevant new developments** will be addressed by the best speakers in the Plenary sessions at the Congress. Basic research will be presented in Oral communication and Poster sessions.

**Controversial topics** will be debated by experts. “Meet the experts” sessions will enable more personal contact with the experts.

**Meet the expert breakfast tables** will be organized on Thursday, Friday and Saturday mornings. Maximum of 9 available seats for each expert table. List of experts and booking form will be available starting from February 2018 (not included in registration fee).

The Scientific Committee will ensure that the Program contains the most up-to-date topics, controversies and the best available Faculty, as relevant to our Mission Statement.

### CME Accreditation

The IMS 2018 Scientific Program will be submitted for accreditation by:

- » the Royal College of Physicians and Surgeons of Canada
- » the College of Family Physicians of Canada
- » the American Medical Association (AMA)
- » the European Union for Medical Specialists (UEMS)



**Pre-congress Course**  
*The Perimenopause:  
Challenges and Solutions*



**Meet the expert breakfasts**  
*Discuss directly with the experts  
about your favorite topics*





# Be involved in the Scientific Program

## Abstract submission

Participants interested in presenting papers at the Oral and Poster sessions are invited to submit their abstracts. All abstracts will be reviewed by the Abstract Reviewing Committee. **The highest ranked abstracts among those submitted for oral presentation may be considered by the Scientific Program Committee for presentation during Symposia instead of Oral Communication Sessions.** Moreover, all accepted abstracts will be collected into the official Book of Abstracts that will be published as an online supplement of the Journal of the IMS, *Climacteric*.

The deadline for abstract submission is **January 12<sup>th</sup> 2018**

- » Abstracts can only be submitted using the online form available on [www.imsvancouver2018.com](http://www.imsvancouver2018.com).
- » Abstracts submitted via email or fax will not be accepted.
- » Presenting authors will be notified whether their abstract has been accepted by **February 27<sup>th</sup> 2018**.
- » Authors whose abstracts have been accepted must register for the Congress and pay the registration fee by **March 20<sup>th</sup> 2018**. Failure to do so will result in exclusion from the Scientific Program and the Book of Abstracts.
- » The full Congress Scientific Program will be available on the website [www.imsvancouver2018.com](http://www.imsvancouver2018.com)
- » The abstract cannot be longer than 2000 characters and must be plain text: it is not possible to include tables and images, but you may insert data in the text of the abstract. Abstracts for free communications and posters should be divided into *Objective – Methods – Results – Conclusions*.

**SOON ON**  
**[WWW.IMSVANCOUVER2018.COM](http://WWW.IMSVANCOUVER2018.COM)**

**Pre-congress course program**  
will be announced and **registrations**  
will be activated from 6 June 2017

**Abstract submission will open**  
on 6 September 2017



### The IMS Robert Greenblatt Prizes

Robert B. Greenblatt, co-founder and first President of the International Menopause Society, originally conceived the idea of awarding prizes to the two junior researchers who present the best papers in the field of the menopause. There are two prizes each of 2500GBP, **one for clinical work and the other for basic research work.**

- » Award winners must be under 40 years of age or in training at the time of the Congress.
- » They must have been the sole or principal researcher in the paper presented.
- » Entrants for the Greenblatt prizes must submit their work in abstract form and tick the "Greenblatt prize" checkbox.

The IMS Awards Subcommittee will review the abstracts and select a shortlist of six candidates (three for clinical works and three for basic research). Shortlisted candidates will be invited to present their papers to the jury at a special oral session on the first day of Congress. The final vote will be taken and the names of the award winners **announced during the Opening Ceremony.**



**Early Bird registration**  
November 23 2017



**End of Abstract Submission**  
12 January 2018



**Reduced rate registration**  
20 March 2018



## Topics for Abstract submission

### 1. General menopause including

- Epidemiology, basic science and clinical research
- Diagnosis of menopause
- Hormone and non-hormonal therapy
- Premature ovarian insufficiency
- The menopause after cancer
- Other topics related to the menopause

### 2. Hormones and hormone action

- Hormones and hormone receptor signaling mechanisms
- Biological actions of sex steroids
- Selective hormone receptor modulators
- Novel treatments and regimens

### 3. Hormones and the metabolism including

- Obesity
- Metabolic syndrome
- Insulin resistance, diabetes and dyslipidemia
- Other topics related to hormones and the metabolism

### 4. Sexual function including

- Epidemiology, basic science and clinical research
- Treatment options – psychological and medical approaches

### 5. Menopause and cardiovascular system including

- Epidemiology, basic science and clinical research
- Hormones and coronary heart disease
- Hormones and thrombosis
- Hormones and cerebrovascular disease
- Other cardiovascular topics

### 6. Menopause and the brain including

- Neurosteroids and actions
- Cognitive function
- Sleep and sleep disorders
- Alzheimer's disease and other neurodegenerative disorders

### 7. Mood and mental disorders including

- Epidemiology, basic science and clinical research
- Hormonal and non-hormonal treatment of mood disorders (including perimenopausal and premenstrual depression)
- Schizophrenia and other mental disorders

### 8. Musculoskeletal health including

- Bone loss and osteoporosis
- Sarcopenia
- Pharmacological and non-pharmacological fracture prevention

### 9. Breast health including

- Breast and breast cancer biology
- Breast cancer epidemiology
- Hormone therapy and breast cancer
- Breast cancer screening and diagnosis
- Tolerance and aromatase inhibitor-related side-effects
- Adjuvant bisphosphonates
- Other topics related to breast and breast cancer



### 10. Gynecology including

- Abnormal uterine bleeding
- Management of fibroids – medical and surgical
- Endometriosis (in perimenopause and consequences of surgery)
- PCOS – implications for menopause
- Endometrial hyperplasia and cancer
- Vulval and vaginal conditions – VVA/ GSM and other disorders
- Diagnostic gynecology
- Urogynecology – including incontinence and prolapse

### 11. Other oncology including

- Hormones and non-gynecological cancer
- Screening, diagnosis and treatment of women
- Treatment consequences in relation to the menopause
- Novel non-hormonal treatment regimens

## Congress Registration

Registration fees (VAT included)	Until 23 Nov 2017	Until 20 Mar 2018	After 20 Mar 2018
Delegate	CAD 730	CAD 950	CAD 1200
Delegate IMS Member	CAD 660	CAD 800	CAD 1030
Delegate from Developing Countries (WHO list)	CAD 600	CAD 730	CAD 880
Trainees, nurses and technicians (status to be certified)	CAD 600	CAD 600	CAD 600
 Pre-congress Course	CAD 150	CAD 150	CAD 150
 Meet the expert Breakfast (each)		CAD 45	CAD 45

#### Registration includes:

-  **Access to the congress sessions**  
except the Pre-congress course  
and the Meet the expert breakfasts
-  **Access to the exhibition area**
-  **CME Credits**
-  **Congress kit**  
including abstracts pendrive



**Register online on [WWW.IMSVANCOUVER2018.COM](http://WWW.IMSVANCOUVER2018.COM)**

1. Go to the registration page and create for free your account
2. Once in your profile page click on the registration button





# 16<sup>th</sup> WORLD CONGRESS ON MENOPAUSE

VANCOUVER, 6–9 JUNE 2018

[WWW.IMSVANCOUVER2018.COM](http://WWW.IMSVANCOUVER2018.COM)



 @Intlmenopause -  International menopause society

The IMS was founded in 1978 and is a Charitable Incorporated Organisation based in The UK within the confines of The Charities Commission. The aims of the IMS are to promote education, study and research on all aspects of adult women's health; Membership of the IMS is open to individual scientists and health professionals who are involved in basic research or clinical work in menopause and adult women's health, or those individuals who have an interest in these or other aspects of this particular field. National and regional menopause societies may apply for affiliation to the IMS.

## IMS Officers and Board 2016–2018

### President

Mary Ann Lumsden (UK)

### General Secretary

Tommaso Simoncini (IT)

### Treasurer

Steve Goldstein (US)

### President Elect

Susan Davis (AU)

### Past President

Rod Baber (AU)

### Board

Johannes Bitzer (CH)

Margery Gass (US)

Elaine Jolly (CA)

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Tim Hillard (UK)

Sunila Khandelwal (IN)

Nick Panay (UK)

Serge Rozenberg (BE)

### CAMS Chairman

Camil Castelo-Branco (ES)

### Director of Education and Development

Amos Pines (IL)

### Director of Digital Education

Duru Shah (IN)

### Executive Director

Lee Tomkins (UK)

## 16<sup>th</sup> WCM Organising Committee

### Chair

Mary Ann Lumsden (UK)

### Committee members

Rod Baber (AU)

Susan Davis (AU)

Steve Goldstein (US)

Nick Panay (UK)

Tommaso Simoncini (IT)

Chui Kin Yuen (CA)

## 16<sup>th</sup> WCM Scientific Program Committee

### Chairman of the Congress

Mary Ann Lumsden (UK)

### Chairman of the Local Organizing Committee

Elaine Jolly (CA)

### Chair of the Scientific Program Committee

Nick Panay (UK)

### Co-Chair Scientific Program

Elaine Jolly (CA)

### Scientific Committee

Steve Goldstein (US)

Mary Ann Lumsden (UK)

Robert Reid (CA)

Tommaso Simoncini (IT)

Florence Trémollières (FR)

## National Organizing Committee

### Chair

Chui Kin Yuen (BC)

### Co-chairs

Elaine Jolly (ON), Robert Reid (ON),

Michel Fortier (QC)

## Regional Organizing Committee

### Co-chairs

Tim Rowe (BC), Nese Yuksel\* (AB),  
Denise Black (MB), Christine Derzko (ON),  
Celine Bouchard (QC)

### Members (Specialists)

Kerstin Gustafson (BC), Nan Schuurmans (AB),  
Richard Boroditsky (MB), Wendy Wolfman (ON),  
Sheldon Frank (ON), Sophie Desindes (QC),  
Robert Sabbah (QC), Isabelle Delisle (NS),  
Gillian Graves (NS), Sylvie Dodin (QC)

### Members (Family Physicians)

Taryl Felhaber (BC), Unjali Malhotra (BC),  
Tami Shandro (AB), Vicki Holmes (SK),  
Marla Shapiro (ON), Vivien Brown (ON),  
Susan Goldstein (ON)

### Members (Pharmacist)

Dragana Skokovic-Sunjic (ON), Nese Yuksel\* (AB)

### Members (Young Scholars)

Kelsey Mills (BC), Shafeena Premji (AB),  
Debra Evaniuk (MB), Ardelle Stauffer (ON),

### US advisors

Joann Pinkerton, Margery Gass,  
Victor Henderson, Steven Goldstein



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